

SMS Warrior News

Edition 1 2017-2018



Newspaper Club Updates

Written by: Summer Nichols

When we heard about the newspaper club we were super excited to start! The first and second meeting went really well, there were a lot of people there who wanted to be editors, photographers, and writers. I didn't get to do a lot during the first and second meeting because everyone who had an article already had an editor so I decided that I would be an editor, photographer, and a writer.

We are all really excited to start typing and adding to the newspaper. Because the more the better and the more people we have, then there will be a lot more articles. So, the newspaper will grow and there will be a lot more interesting things to read about. So come join the newspaper club! If you want to be a part of the newspaper come before school on Tuesday or Thursday in the library or talk to your study hall or language arts teacher about how to get started.

Join the School Newspaper!

Written by: Maren Lacey

Are you looking for a good morning job? Are you tired of all of the yelling at the gym in the morning? Well, You can come to the school library on Tuesdays and Thursdays when the bell rings, and write or edit for the sixth grade newspaper! If you don't like to write long papers, you can choose to edit another peer's paper. All Language Arts teachers are in charge of our group. They help us get checked in and work better as a team. Right when you get into the building (and drop off your instrument if you have one,) Go right to the library and check in. All writers and editors will be payed with warrior bucks.

Written
Naliyah

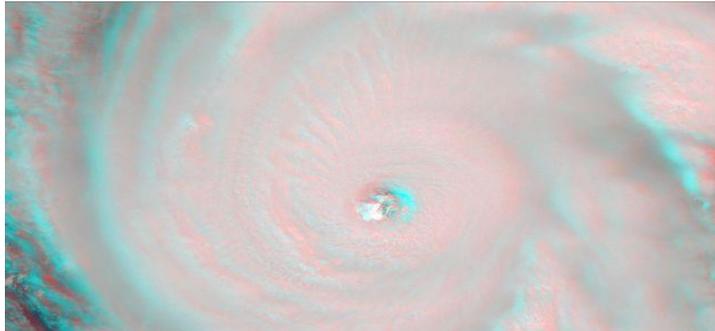
By:
Moore



Hurricane Irma

Written by: Nabil Sajid

Hurricane Irma has been a reckless hurricane which has been destroying everything in its path. Hurricane Irma has been one of the most powerful and intense hurricanes in the Atlantic since Hurricane Dean. About 1.5 million homes are left without power. Hurricane Irma has changed its path and has hit places in the Bahamas in a Category 5, but now it is lowering its power to a Category 3. But that's still not okay



because there is still lots of water sucked up into the ocean and pushed back forcefully.

NFL Week 1

By: Greyson Rebel

The first week in the NFL was a great start to the season. The New England Patriots lost to the Kansas City Chiefs 42-27, Buffalo Bills beat the Jets 21-12, Jacksonville Jaguars beat the Texans 29-7, Steelers beat the Browns 21-18 and the Detroit Lions beat the Cardinals 35-23. Also the Denver Broncos took a close win against the San Diego Chargers 24-21, the New Orleans Saints took an L against Vikings at 29-19, the Eagles won over the Redskins at 30 by 13 points, the Oakland Raiders bettered the Tennessee Titans 26-16, the Atlanta Falcons took over the Chicago Bears 23-17, the Baltimore Ravens killed the Cincinnati Bengals 20-0, the Los Angeles Rams obliterated the Indianapolis Colts 46-9, the Carolina Panthers beat the San Francisco 49ers 23-3, the Green Bay Packers beat the Seattle Seahawks 17-9, the Dallas Cowboys got passed the New York Giants 19-3, and the Tampa Bay Buccaneers at Miami Dolphins game was cancelled.

Need a New Book?

By: Lydia Smith

I recently read the book I Got This, and it's written by Laurie Hernandez. It's super cool to get to learn about how Laurie got the title everyone dreams of, Gold Medalist! If you need a good biography, this is the one! She even tells about winning Dancing With The Stars! It's so exciting to get to read about her perspective on the Olympics, we only get to see them perform. Check it out at your local library!



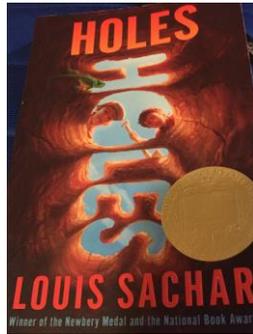
Book Review of Holes

Written By: Nabil Sajid

_____Holes is a very interesting book about a boy named Stanley Yelnats. He is not just any boy, he has a curse on him, a bad curse put on his family by his great-great-grandfather. Their family is very unfortunate and they believe it to be from "the Curse". So it's up to Stanley to stop the curse by going to camp green lake a Juvenile Detention.

To find out what happens and how he meets a kid named Zero, you'll have to read it for yourself.

A Book By: Louis Sachar



Halloween

By: Brooke Dohrmann

Halloween would have to be one of the best holidays out there. The main highlights of Halloween is the scary movies, costumes, and trick or treating. Halloween is a really unique holiday.

First, around the time of Halloween the scary movies start to come out. This is one the most thrilling things about the season. Some popular scary movies this year are the movie "It" and Annabelle Creation. Those are just 2 of the newest horror films. Overall there are quite a few new scary horror films to watch this year.

Next, is the most popular part of Halloween, trick or treating! There are many fun parts about trick or treating, but getting candy is probably the best. There is no other holiday where you get to go door to door getting free candy. That's what really makes Halloween unique.

Lastly, during trick or treating you get to choose a unique costume that describes you! Popular costumes include characters from movies, or animals. Some people like to wear movie based costumes, funny, or cute costumes. There are so many to choose from that can describe you, it's almost impossible to pick!

In conclusion, Halloween is one of the best holidays! You get to watch scary movies, go get free candy, and pick out a costume. Those are all of the reasons to why Halloween is the best.



The Best Shooter On The Planet

Written By: Shalom Damabel

Stephen Curry was born March 24, 1986 in Ohio and grew up in Charlotte, North Carolina. He has two kids and a wife named Ayesha Curry. Stephen Curry's father is named Dell Curry who played 16 years in the NBA. Stephen Curry was the 7th pick of the 2009 NBA draft selected by the Golden State Warriors. Stephen Curry had many injuries in the beginning of his career but in 2015 he led the Warriors to a 4-2 victory in the NBA Finals against the Cleveland Cavaliers. He is a two-time NBA MVP for the regular season and is only 29 years old. In the 2016 season he broke the record for most three-point field goals which was 286 but he scored 402 three-point field goals in the regular season. Stephen Curry and the Golden State Warriors have won two NBA titles in 3 years. They also broke the most wins in a season set by Michael Jordan and the 1996-97 Chicago Bulls. The Warriors got 73-9 in the regular season. He averaged 30 points a game in the 2016 season. He has a younger brother Seth Curry and a sister who plays college volleyball. Some people don't know this but his real name is Wardell Stephen Curry II and he is also a very talented golfer. Stephen Curry's parents come to all of his games and his mom fines him \$100 for each turnover he commits. Stephen Curry has a free throw percentage of 91%, field goal of 54%, and 3-point field goal of 45%. People say Stephen Curry might be the best shooter on the planet.



Don't Worry, You Look Beautiful

By: Coria Chaloupecky
Credit to [quotesgram.com](https://www.quotesgram.com)



I can't stop looking at this picture. It's so beautiful. I think everyone should apply this to their own life. Don't worry, you look beautiful. No matter what, remember this quote. It's really hard to remember in Middle School

because we are growing up and thinking that we look ugly, but really we're not. I also encourage you to go check out quotesgram.com, they have amazing quotes.

Halloween Costume Ideas

By: Coria Chaloupecky

Girls:

1. Wonder Woman
2. Forest Unicorn
3. Descendants 2 -Evie
4. Archer
5. Alien
6. Blue Butterfly
7. Black Cat
8. Vintage Boho Fairy
9. Leopard
10. Catwoman

Boys:

- 1.50s Greaser Jacket
- 2.Elvis
- 3.Stormtrooper
- 4.Alien
- 5.Kylo Ren
- 6.Silver Ninja
- 7.LEGO Batman
- 8.Furry Raccoon
- 9.Transformers Optimus Prime
- 10.Chef

Hurricanes are one of the *biggest* topics in the world today. We've seen Maria, Harvey, Irma and Jose. Many have taken shelter for safety concerns. People have also been helping to donate as well! Us (students at SMS), have donated over \$500 to those affected by Hurricane Harvey! If you or anyone you know is being affected in the hurricanes, please tell these tips below!

1. Before the hurricane happens, snap a photo of every room. Every angle, open every door and cabinet. This is good for insurance purposes.
2. As you start to prepare for the hurricane, many people in Texas used the app, 'Zello Walkie Talkie' and it allows you to talk to family members or friends (as long as you have added them and they have added you) even when there is no service. Also, yes, this app is for Apple and Android users.
3. You must empty out your dishwasher! It's waterproof and way more secure than cabinets! Put your most important items in.
4. Make sure to find some safe shelter! High schools might be open.

Well, we hope you are safe and in shelter from these *horrible* hurricanes. Remember, with a little safety review and tips and preparation, you can fight this storm!

What Pet Are You?

By: Coria Chaloupecky

If you could do something without getting in trouble, would you:

- a. Steal an animal
- b. Steal a wallet
- c. Skip School
- d. Not listen to your parents

Someone says you can have a horse, you say:

- a. Definitely YES!
- b. Sure
- c. No thanks
- d. NO WAY!!!

You go to the beach, you decide to:

- a. Run around the beach like crazy
- b. Relax in the sun
- c. Go swimming!
- d. Build a sandcastle

Your favorite place to go is:

- a. Forest
- b. Home

- c. Beach
- d. Park

The color of your room is:

- a. Brown, black, or white
- b. A shade of colors in the rainbow
- c. Any color in the rainbow
- d. Anything not mentioned

Mostly a's: Horse

You love animals, you could practically sleep in a zoo. Your room is even the colors of an animal! You are also very crazy.

Mostly b's: Cat

You are a troublemaker. You love to relax in the sun, at home, in bed, etc. You do whatever you want to do, whenever you want to do it.

Mostly c's: Goldfish

You are a swimmer! You don't really like school, but you could if you like the teachers. You are very kind.

Mostly d's: Dog

You are doing the opposite of everybody else all the time. You don't listen to your parents all the time, but sometimes you do. You're not much of a troublemaker.

Tie between animals: Bunny

You look nice and cute on the outside. In the inside you're a little devil. You like to eat food right before dinner, when the food is for dinner. You also eat with your mouth open



and shovel food in.

My Experience

by :Nabil Sajid

Let's start by just explaining what MindZone is. It's a program. In it, you learn and you get to have lots of fun. I am at MindZone to learn new things with friends. As in learning, I mean doing my homework and taking the teachers' stuff and having some fun with them.

Miss Borzo's Interview

By: Cheyenne Grater



Picture originates from: <http://blogs.waukeeschools.org/sborzo/>

How long have you been teaching?:

“8 years.”

What are some of your favorite things to do out of school?:

“Baking, Hiking, Swimming, Reading, and working on Vespa's.”

Have you always wanted to be a science teacher?:

No, because she did not like science in school.

What is your favorite project/experiment you have done?:

“Making s'mores to learn about energy.”

How many pets do you have?:

“21.”

What is your favorite thing about teaching?:

“Having new kids every year and making science fun.”

-And your least?: “Grading papers.”

What is the longest amount of time you have had a pet?:

“17 years, a dog, Sasha.”

And the least: “1 day goldfish.”

This concludes my interview with Ms. Borzo- 6th Gold

Ballet Des Moines

Ballet Des Moines, a ballet company, has 3 shows a year! One is the Nutcracker, which performs in December. The ages performing are 6-25, so there is a lot of fun variety. The next one is Triple Bill. There are 3 all-professional dances all choreographed by 3 different choreographers, including a Broadway choreographer. Finally, there is the spring show, which changes every year. This year, Ballet Des Moines will be doing Cinderella, and next year will be Alice in Wonderland. If any one of these shows sound cool, you may want to watch them.

Waukee's Big Game



The Warriors were under the lights at Warrior stadium on Friday night against the #1 ranked Dowling Catholic Maroons. The Warriors lost 48-21. Waukee was on the board first, but after halftime it was all Dowling. Dowling Catholic quarterback Zach Watters had a great night after the 1st half.





This is Sam Devries making an amazing catch at the Waukee-Dowling Catholic game.

By: Wrye and KJ

The Dog Who Sees Beyond

Written By: Leiana Speck



“I once had a dog that, in hindsight, I probably should’ve passed up. She was a scruffy old dog, and I felt bad for her. She had been run over before the shelter took her in. And, because I felt bad for her, I adopted her.

“Now, she has a nasty habit of scratching the door in the middle of the night, whimpering and pawing nonstop.

“I would groan, calling out to her to stop it. She never did. I’d always thought I’d heard an ominous moan every now and again at night, other than my own. But, I’ve always passed it off as my imagination.

“One night, I was fed up. I threw a pillow at her. Slowly, she turned around and growled lowly, which was WAY out of the norm for her.

“That’s when I heard her bark... from right beside me. She had been next to me the ENTIRE time.

“If she was next to me... who or... WHAT was the dog at the door?”

<https://www.wattpad.com/452984317-true-horror-stories-i>

SMS New Homecoming Party!

Written By: Katelyn Scott

On the 29th of September, the football team, and the Homecoming King and Queen payed a visit to our school. The cheerleaders did some amazing and daring feats and a few football players came too. The Waukee Dance Team showed us how to do an amazing dance. And after school we had an awesome Homecoming Party!

Fall Time!

As you might have noticed, fall has come to the U.S.A, so get ready to jump in leaf piles and see gorgeous red and orange leaves rain down. And it's also football season so remember to root for Waukee. As always, remember to donate box tops for the school to raise money for new interesting programs.



Halloween Food Recipe: Pumpkin Pie

By: Brooke Dohrmann

Credit to: Libby's Famous Pumpkin Pie

Pumpkin Pie

Ingredients

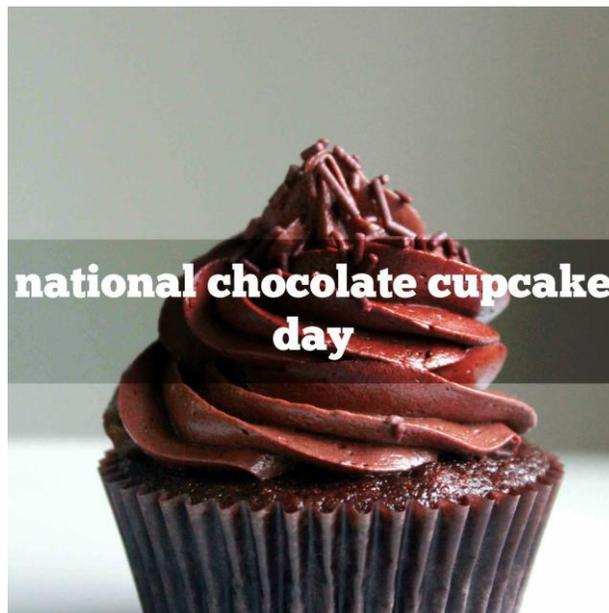
- $\frac{3}{4}$ cups granulated sugar
- 1 teaspoon ground cinnamon
- $\frac{1}{2}$ teaspoon salt
- $\frac{1}{2}$ teaspoon ground ginger
- $\frac{1}{4}$ teaspoon ground cloves
- 2 large eggs
- 1 can (15 oz) Libby's 100 percent pure pumpkin
- 1 can (12 fl. oz.) Nestle carnation evaporated milk
- 1 unbaked 9 inch (4 cup volume) deep dish pie shell.

Recipe

- 1:) Mix sugar, cinnamon, salt, ginger, and cloves in a small bowl.
- 2:) Beat eggs in a large bowl
- 3:) Stir in pumpkin and sugar spice mixture
- 4:) Gradually stir in evaporated milk
- 5:) Pour into pie shell
- 6:) Cook for 50 minutes on high

National Chocolate Cupcake Day

By: Coria Chaloupecky



Credit to:

<https://www.google.com/amp/s/foodimentary.com/2015/10/18/october-18th-is-national-chocolate-cupcake-day/amp/>

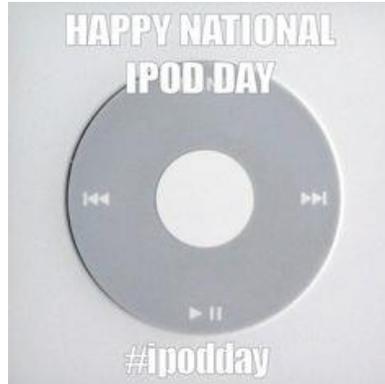
National Chocolate Cupcake Day is October 18. On this day, thank God for chocolate cupcakes and whoever makes them. I love chocolate AND cupcakes, and whoever put them both together is a genius! So, have a chocolate cupcake, you earned it! This day was meant to honor chocolate cupcakes, so why not honor them? I feel like having one now!

National iPod Day

By: Coria Chaloupecky

Credit to:

<https://www.google.com/amp/s/www.pinterest.com/amp/pin/455286462084>



[18741/](#)

National iPod Day is October 23! Don't forget! Be on it all day (except for when it's not allowed...)!!! It's a day to celebrate iPods, so why not celebrate them? Also, to make it more interesting, be nice to your teachers and if you aren't you can't get on your iPod all day!! Don't forget about National iPod Day!!!! Everyone listen to your iPod this day (when you are allowed too)! Thank God for iPods and people who made them. If you don't have an iPod, how about you get one (if you can)! Don't forget it's October 23!

National Dessert Day

By: Coria Chaloupecky

Credit to: <http://myemail.constantcontact.com/DESSERT-ANYONE-.html?soid=1101590692004&aid=73XBfaeLPwl>



National Dessert Day is October 14. Everyone loves dessert, so have two or three! Thank god on this day for desserts and whoever makes them! If we didn't have dessert, we would all be lost! We often take things for granted, but think about what we would have if we could only have things we didn't take for granted, what would we have? Have a dessert on October 14!

National Food Day

By: Coria Chaloupecky



Credit to: <https://wilocalfood.com/page/2/>

National Food Day is October 24! I bet everyone who knows about this day will celebrate it! If you don't, you must not like food. But really, we need food to survive. If you don't celebrate, you take food for granted! But really, we don't need to take things for granted, because life is too short for that! Celebrate National Food Day, you won't regret it!

Stop Killing Endangered Animals!

By: Joyce A.

Hi, I'm Joyce. I'm here to tell you to stop killing rare and endangered animals. There are three reasons why you should stop killing them.

The first reason is the number of animals are going down. Rhino poaching in south Africa increased from 13 to 1004 between 2007 and 2013. 2,500 elephants were seized in the 13 largest seizures of illegal ivory in 2011.

The second reason is accidental killings of non targets. Dolphins get caught in fishing gear. It is estimated that a quarter of global. Marine fisheries catches are incidental and unwanted.

The third reason is since 2008 poachers have killed at least 5,940 african rhinos. Rhino poaching is currently at crisis point. By the end of 2015 the number of African rhinos increased for the sixth year in a row with at least 1,338 rhinos killed by poachers across Africa in 2015. Killing endangered animals are making the animal population go down. Animals have families to and you're separating them for your own needs stop killing endangered animals.



Winter is Near



By Parker Cortese

With winter nearing it's a good idea to be dressed warm, and it's always a great idea to have an extra sweat shirt in your backpack. This is important so you don't catch diseases such as **pneumonia** or **bronchitis**.



Berry Smoothie

By: Macy Schulte

Ingredients:

- 1/2 cup of frozen strawberries
- 1/2 cup of frozen raspberries
- 1/2 cup of frozen blueberries
- 1/2 cup of vanilla yogurt
- 1/2 cup of orange juice

Directions: Put all of the ingredients into the blender and blend till it has a nice smooth texture.

ENJOY!!!



National Breadstick Day

By: Coria Chaloupecky

Credit to: <https://nationaldaycalendar.wordpress.com/tag/national-breadstick-day/>



National Breadstick Day

National Breadstick Day is October 27. On this day, thank god for Breadsticks and the people who create breadsticks. Personally, I love bread! If you do too, eat a breadstick this day! They made national Breadstick Day to honor breadsticks, so why not honor them? Remember, it's October 27!

Fun Times with Mr. Feters

Written By: Jake Webb

Mr Feters has started Build a Beast. This Friday it will be showcased around all the pods. The Build a Beast contest is on Friday. Build a Beast is about getting the data for your beast and creating out of supplies. The science piece is it does not have to be real and it can not. Before this Mr.

Fetters did this he did Googalormp which is kinda like Build a Beast. We will find out who wins on Tuesday. The week of October 11th is when we find out who the winner of build a beast and Mr. Fetters class is very excited. There is one rule, it has to look like it would belong in Iowa and able to live in this climate. I got coastline and there are others like desert, winter, swamp, and arctic.

History of Trick-or-Treating

By: Rita Danner

Have you ever wondered about the history of Trick-or-Treating or why people decided to go Trick-or-Treating? Well, Trick-or-Treating is a custom in many different countries. It was first started in the 1600's in Britain and Ireland. It

started to be a custom in North America around the 1920's.

Originally, kids would go door to door and get different kinds of fruits and nuts. They would also just go trick-or-treating to play tricks. Now, candy is usually given, and in some countries money is used. In my opinion, Trick-or-Treating now seems a lot more fun than when Trick-or-Treating was first started.



Other Fun Facts About Trick-or-Treating and Halloween

- In the past, Halloween has also been called All Hallow's Eve, Witches Night, Lambswool, Snap-Apple Night, Samhain, and Summer's End.
- 52% of trick-or-treaters prefer candy bars over hard candy.
- The first Jack-O-Lanterns were made with turnips.
- The largest pumpkin ever recorded was 2,032 pounds.
- It is believed that if you see a spider on Halloween, it is the spirits of a loved one watching over you.



- 90% of parent's steal their children's Halloween candy.
- Candy corn has been made with the same recipe which is made up of sugar, corn syrup, and marshmallows since around the 1900's.

Sources:

- <https://en.wikipedia.org/wiki/Trick-or-treating>
- <https://www.realsimple.com/holidays-entertaining/holidays/halloween/halloween-fun-facts>
- <https://www.realsimple.com/holidays-entertaining/holidays/halloween/halloween-fun-facts>

Fun Facts about Disneyland

By: Jack Huffman

Disneyland was created July 17, 1955 in Anaheim, California. Peter Losin created Disneyland with limited finances by getting affordable land located near a major highway.

Disney World

By Jack Huffman

Disney and his partners selected a 160-acre orange grove in California to be part of Disneyland and they started building on the date of August, 1953. There are about 26,000 people working at Disneyland. Some people may ask, "Is Disneyland older than Disney World?" The answer is yes, by about five years. There is one thing some people don't even know about and that thing is that there is a president at Disneyland and his name is Michael Colglazier. There are some fun facts about Disneyland!!!



California Wildfires

By: Brooke Dohrmann

Many homes have been destroyed in this terrible recent event. These recent fires have had a devastating effect on people around the nation. California is one of the most populated states in the USA, and a lot of homes have been destroyed by these wildfires. If you know anyone in California, help in any way possible to evacuate them safely or donate to help their houses get rebuilt. Fires are everywhere in California and it will take a lot of people to help get it back to it's original state.

New App Store Style

By: Coria Chaloupecky

Credit to: The App Store

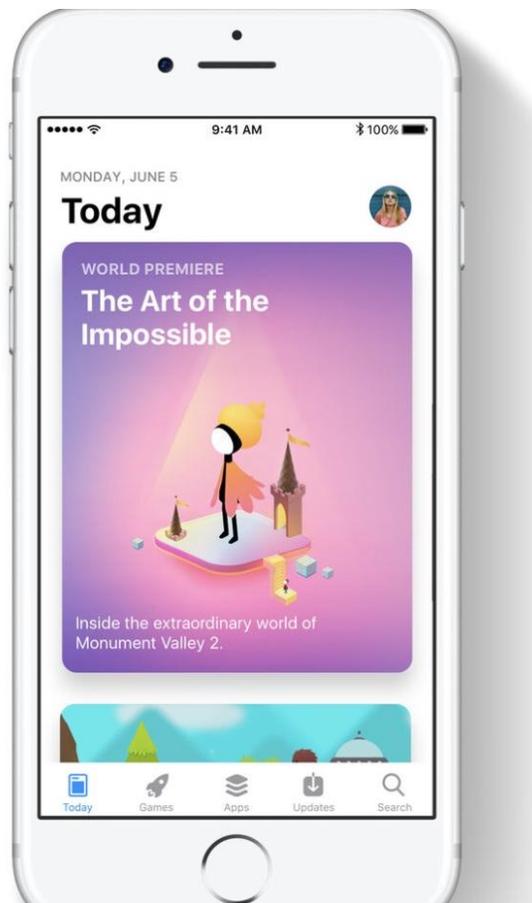
The App Store has made a new look, and they think you're going to love it. The new look means they can offer more angles and insight, showcase the work of ingenious builders, and educate and entertain us about the very thing we use the App Store for - great new apps and games.

Here's what we can expect:

Today

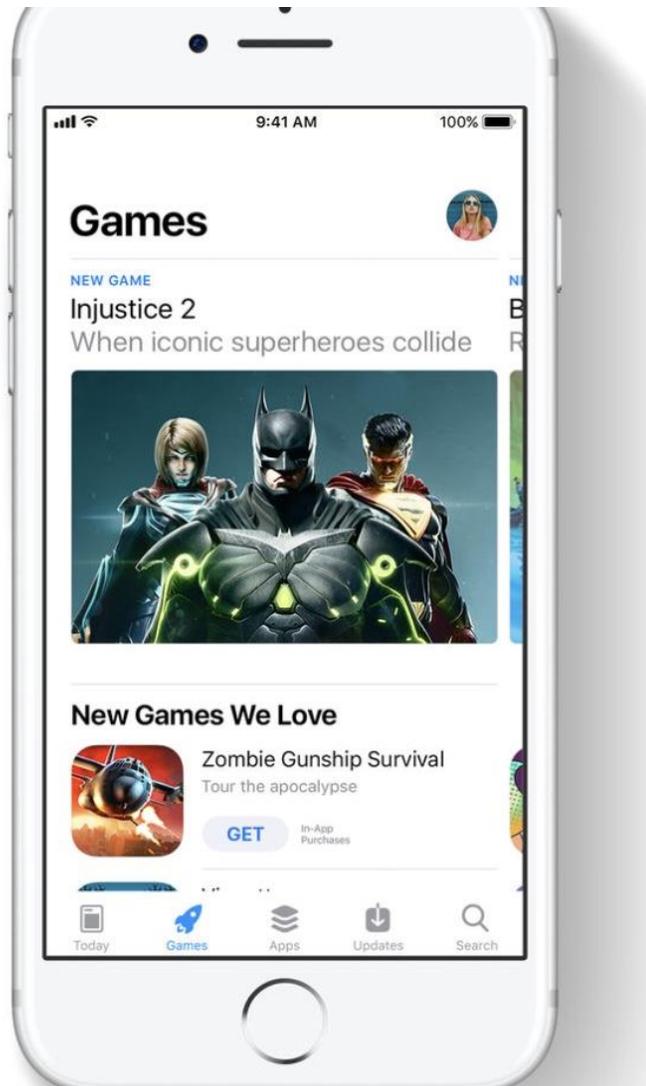
The **Today** tab features exclusive beginnings, new releases, and a fresh look at their all-time hits. They provide tips and how-to guides to help us use apps in new and cool ways.

Today showcases interviews with inspiring planners and explores ideas that shape the world. We'll hear from accessors, fans, and celebrities about their favorite apps and games, too.



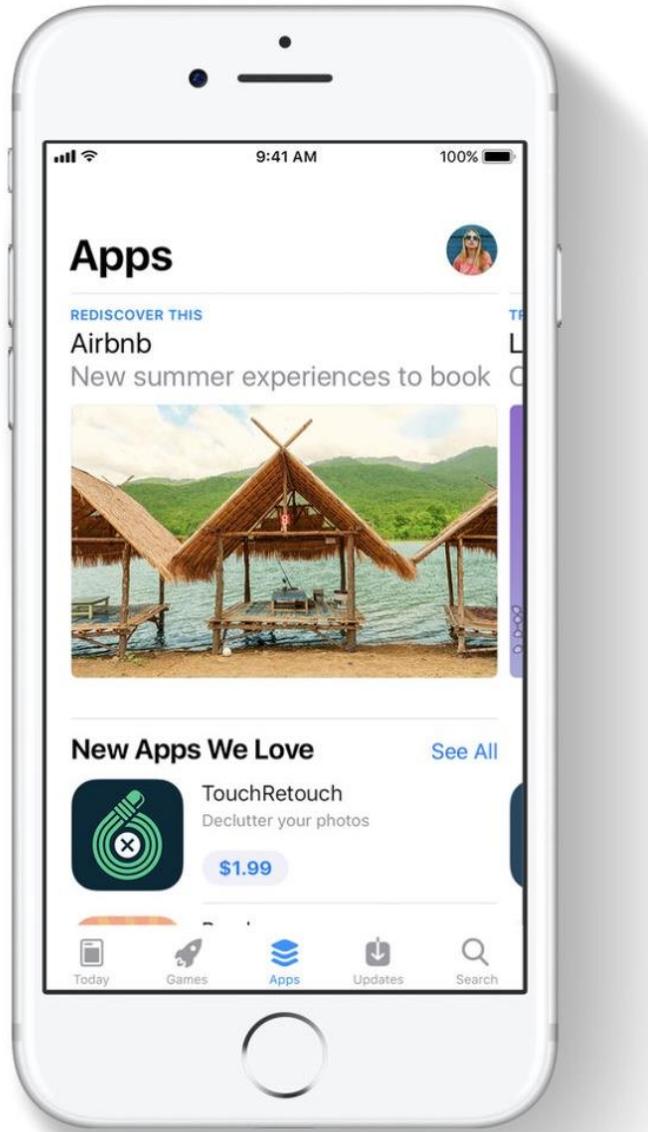
Games

They created a committed **Games** experience filled with recommendations for new releases and updates, fascinating videos, and the top charts.



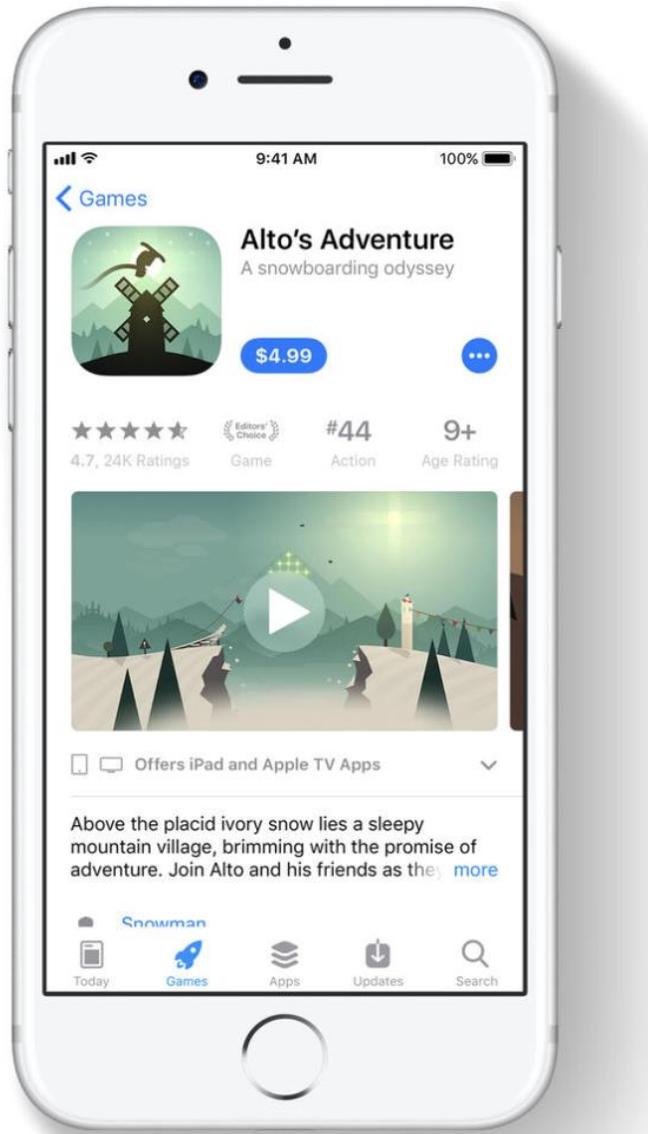
Apps

The new **Apps** tab is the perfect place to find everything you need to take a share-worthy picture, stay in touch with friends, get things done, and so much more. Like Games, it's packed with recommendations, videos, and charts.



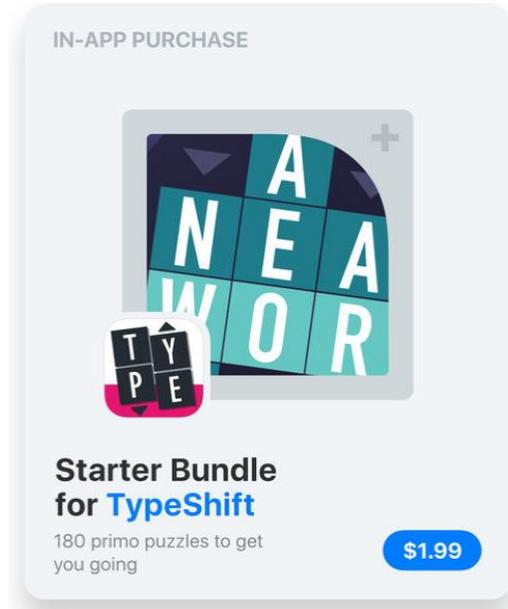
App Product Page

The home for every app on the planet is its **app product page**, and they've made these even more useful. You'll now see up to three videos, five screenshots, and easier-to-find ratings and reviews.



In-App Purchases

Many apps and games offer new content through **in-app purchases**, and they've made these easy to find on the App Store itself. In-App purchases show up on an app-product page and in search results, and they feature them across their new tabs.



Enjoy the all new App Store!

Earthquakes in Mexico

Written By: Dheeraj Tunuguntla

There are some very dangerous things going on in this world. One of them is the earthquakes in Mexico. It started with a 8.1 earthquake on 9/8/17. That is the strongest earthquake Mexico has experienced in a century, and then they had a 7.1 rumble on 9/19/17. Later on they had a 6.1 on 9/23/17. Nearly 500 people have died so far, just from those 3 earthquakes! There are some smaller earthquakes still happening, but they're not as bad as the ones before.

You can
by donating
charities!



help survivors
items to

Lucky Charms Marshmallow Treats

By: Coria Chaloupecky
Edited by: Eva Larson
Credit to: Brown Eyed Baker

Yield: 24 treats, Total: 10 minutes, Prep: 5 minutes, Cook: 5 minutes

Ingredients:

- 1/2 cup salted butter
- 8 cups miniature marshmallows
- 10 cups (11.5 ounce box) Lucky Charms Cereal

Directions:

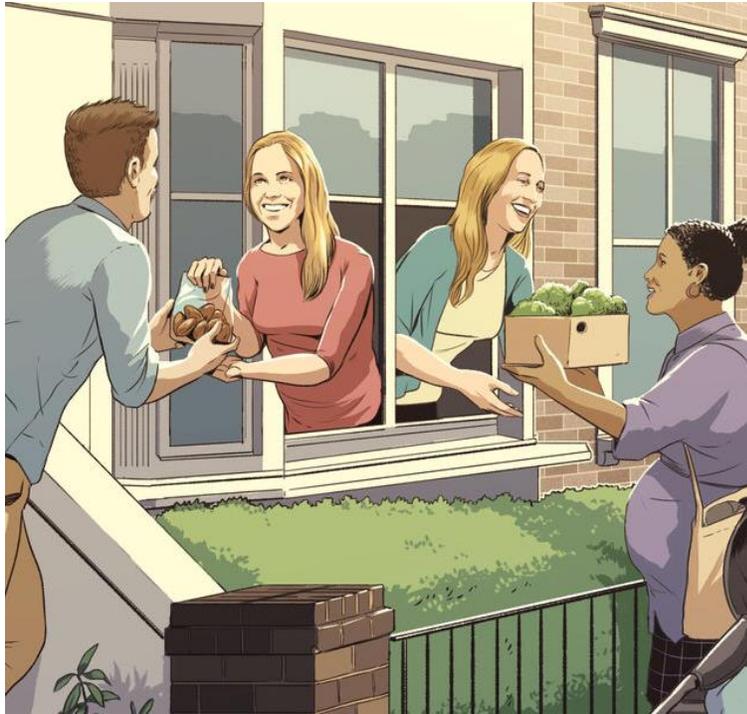
1. Grease a 9*13-inch pan; set aside.
2. Melt butter in a large pot over medium-low heat. Add the marshmallows and stir until completely melted. Reduce the heat to low and stir in the lucky charms cereal.
3. Turn the mixture into the prepared pan and press into an even layer. Allow to set at room temperature until firm, 30 minutes to 1 hour. Cut into squares and serve. Store leftovers at room temperature in an airtight container for up to 4 days.



Meet the Developer: Share Your Food,

Help a Neighbor

By: Coria Chaloupecky



Credit to: The App Store and Olio

Every now and then the App Store features stories from their reporting teammates from around the world. Today, their UK team brings you the tale of Olio, a food-conservation app that's caught on over there and is steadily gaining users here in the US.

Back in the day, you could ask your neighbor for a cup of sugar. Now, with 24-hour shops everywhere and so many one-tap-away delivery services, we've lost out on some of this considerate outreach. Enter *Olio*.

The app's goal - to cut global food waste and readjust nature's donation - is a challenging one. The assumption, however, is simple: If you've got food you're not going to use before it expires, share it. Simply take a picture, place it on the app, and users in the local area can come and collect the items, often within a matter of hours.

Similarly, if you're running short on time or money at any point, you can pop into the app and claim a free meal or two of your own. There are no charges, no expectations - just a community of good, working together



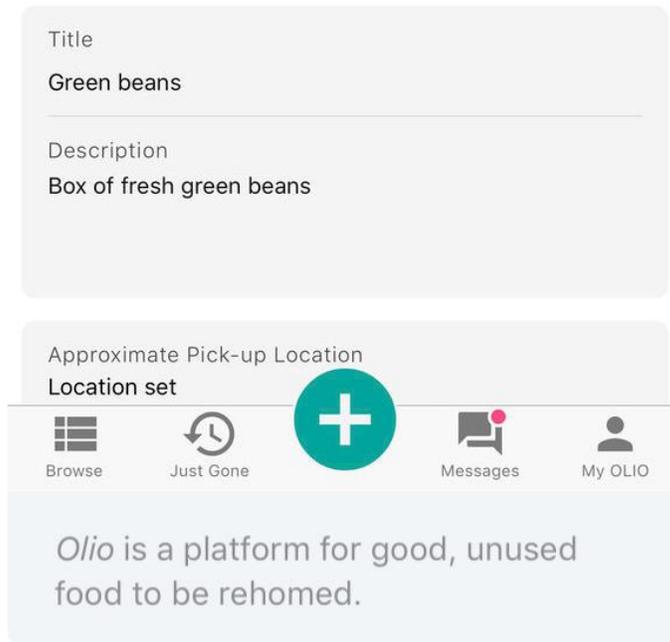
Olio cofounders Tessa Cook (left) and Saasha Celestial-One.

to tackle a food-waste problem that won't disappear on its own.

"It's extremely difficult to perfectly balance the supply and demand of food in your household, because life is unpredictable," explains *Olio* cofounder Tessa Cook. "You might have to work late or go away, or you just might not fancy eating what you've got. You go on a diet, or guests

A screenshot of the Olio app's 'Add Listing' interface. At the top is a teal header with the text 'Add Listing'. Below this is a 'Photo' section with a placeholder image of green beans. The interface is divided into two main columns: 'OFFERING' (pink background) and 'WANTED' (orange background). Under 'OFFERING', there are two buttons: a red button with an apple icon and the text 'Food', and a white button with a chair icon and the text 'Non-Food'. Under 'WANTED', there are two buttons: a white button with a hand icon and the text 'Food', and a white button with a hand icon and the text 'Non-Food'.

leave things behind. These are all things that are never going to change."



And that's where *Olio* fits in. Launched by Cook and cofounder Saasha Celestial-One in 2015, the app has come a long way since it was first used to share a bag of shallots. Now *Olio* provides a floor for this waste - perfectly good food - to be rehomed. It's not just about making sure last night's leftovers don't go to waste - but depending on your cooking abilities, someone might want them.

"We have lots of beautiful breads, cakes, and delicious pastries coming onto the app through bakeries," Cook tells us. "Bakeries need to have fully stocked shelves until they close, but they also have to sell fresh everyday. We've also got lots of gardeners at the moment putting on their homegrown core, rhubarb, courgettes, carrots, apples, and plums."

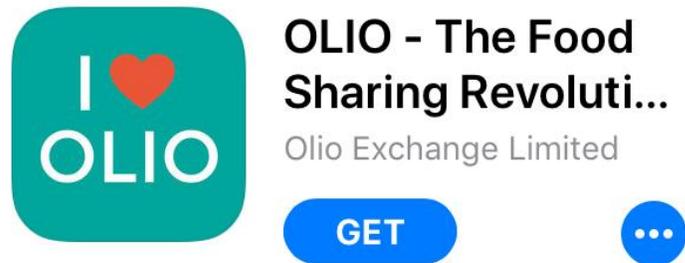
What makes *Olio* effective is that it's not an exchange system. You

“**We have lots of beautiful
breads, cakes, and
delicious pastries
coming onto the app.**

”

Tessa Cook, Olio cofounder

don't have to offer something up to accept a meal.



4.1 ★★★★★☆
8 Ratings

#20
Food & Drink

4+
Age

Pumpkin Bars



By: Sydney Berger

Ingredients:

1 cup of oil
2 cups of sugar
2 cups of pumpkin
4 beaten eggs
2 cups of flour
2 tsp of baking powder
1 tsp of baking soda
½ tsp of salt
2 tsp of cinnamon
¼ tsp of ground cloves
¼ tsp of ground nutmeg

optional:
¾ cups of chopped nuts
¾ cups of raisins
¼ tsp of ground ginger

Frosting:

3 oz cream cheese (room temp)
¾ stick of butter or oleo (room temp)
1 tsp vanilla
1¾ a cup of powdered sugar

Mix well and spread on cooled bars.

Combine the ingredients and mix well. Pour into a 17x11 inch pan. Bake for 30 minutes at 350 degrees. After completely cooled, top with cream cheese frosting. Enjoy!

The ARL

Written By: Addie Brennan

Have you ever been somewhere like PetCo, ARL, or Furry Friends and wanted a cat, a dog or a bunny? Well, the ARL has too many cats and they have no room for them, for instance they don't have enough food for the cats and they need donations, if you readers could give donations to the ARL that would be awesome! The people that work at the ARL are at

hard work trying to make the animals that stay there feel at home as possible. I have adopted two cats from the ARL, their names were Buttons and Tulip but my family renamed them Nori and Willow. They are so much happier outside of the ARL and I am sure all the other cats, dogs, and bunnies would love to find a home with one of you readers.



Vika, The New Member Of The Rat Family

By: Brice Stone

Surprisingly Uromys Vika also known as Vika has been running from researchers for years. It is found on the Solomon Islands. So far they have only found one. "It was taken from a tree that was cut down in forests that were being logged by a commercial company," Lavery said "It was injured when the tree was cut down and unfortunately died a short time after."



Photograph: Tyrone Lavery before Vika died

The local rumors are that it's described as a tree dwelling creature which can crack coconuts straight open with its front two teeth. It has become popular in the Zaira Village in Vangunu Island culture. As they live in trees in Vangura (which has very tall trees) it makes it very difficult to find them.

Nuts the Vika has eaten: Open Photograph: Tyrone Lavery

The Vika drills holes through nuts on the island to harvest the nut inside for nutrition. They also will crack coconuts for nutrition. Hopefully scientists and researchers will find another one of the species.

Pets Are Great!

Written By: Jessie Carter

Did you know that just petting your pet will make you happier and less stressed? Studies show that playing with pets lower your blood pressure and make you more calm. Also, if you have a dog or a pet you can walk it, and it gets you more exercise. Pets may seem like a lot of work, but they

may even help you live longer. Pets aren't just to love and care for, some animals also serve as service animals. Service animals help sick people know when they need a shot or need to go to the hospital. As you can see pets do lots of great things! If you don't have one you should consider adopting from your local shelter!



<http://stories.barkpost.com/17-reasons-why-a-dog-would-make-your-life-more-awesome/>

<https://www.humana.com/learning-center/health-and-wellbeing/mental-health/pets>

RiceGum

By: Shalom Damabel

RiceGum is a youtuber with 8.5 million subscribers. He lives in a 15.5 million dollar house and is in a group called Clout Gang with Alissa Violet, Sommer Ray, Faze Banks, Faze Rug, and more. He also makes music and diss tracks. Some of his songs are "It's Every Night Sis", "God Church", and "I Didn't Hit Her". RiceGum is 20 years old and was born in Las Vegas on November 19, 1996. His real name is Bryan Le and he lives in LA. His most popular videos are a series called "These Kids Must Be Stopped" a series where he roasts kids on Musical.ly. He also has a diss track on Jake Paul, another famous YouTuber with 11 million subscribers. His song, "It's Every

Night Sis” (Parody name of Jake Paul and Team 10’s “It’s Everyday Bro”) which featured Alissa Violet, also just hit 100 million views. And he also just hit 1 billion total views on Youtube.



Map To The Castle

By: Ayohnna Cross

This story is about twins named Josh and Samantha. They are great readers. The 12 year old twins find out the book that they are reading takes place right down their street finding as many clues as they can to solve this case. Along the way they find a mysterious key. What does the key unlock? Read this book to find out!

Red-Bearded Vulture

By: Coria Chaloupecky

Credit to:

https://mobile.twitter.com/Strange_Animals?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor

<http://mentalfloss.com/article/58253/11-facts-about-bone-eating-bearded-vulture>

Fun Fact: The Red-Bearded Vulture is the only known animal whose dietary is almost entirely bone (70-90%)!



The Bearded Vulture, or Lammergeier, is one bitter bird. It lives on a steady diet of bones and dyes, it's feathers are blood red, giving it the character of one of the most metal birds in the animal kingdom.

As a result of its arrival and diet, the vulture has a nasty honor of carrying away lambs and calves. The birds are not known to be unfriendly toward humans.

The bearded vulture is barely assigned across a big range. It may be found in highland regions from Europe through much of Asia and Africa. In Eurasia, it is found in the Pyrenees, the Alps, the Caucasus region, the Zagros Mountains, the Alborzi, the Koh-i-Baba in Bamyan, Afghanistan, the Altai Mountains, the Himalayas, Ladakh in North India, Western and Central China, Israel (Where although extinct as a breeder since 1981), single young birds have been reported in 2000, 2004 and 2016, in the Arabian Peninsula. In Africa, it is found in the Atlas Mountains, the Ethiopian Highlands and down from Sudan to Northeastern Democratic Republic of the Congo, Central Kenya and Northern Tanzania. A confined population occupy the Drakensberg of South Africa.

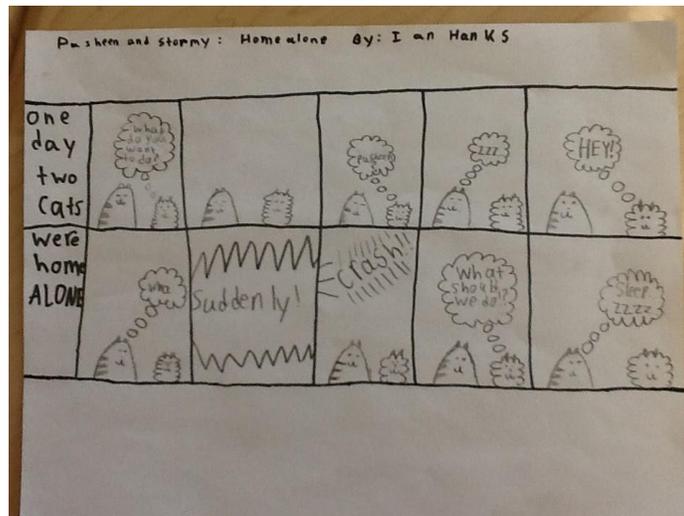
This species is almost entirely associated with mountains and inselbergs with plentiful cliffs, crags, canyons and gorges. They are often found near alpine pastures and meadows, elevated grassland and heath, steep-sided rocky canals, high grassland and are occasional around forests. They seem to prefer bare, lightly-populated areas where predators who provide many bones, such as wolves and golden eagles, have healthy populations. In Ethiopia, they are now common at refuse tips on the outskirts of small villages and towns. Although they occasionally descend to 980–1,970 ft., bearded vultures are rare below an elevation of 3,300 ft. and normally reside above 6,600 ft. in some parts of their range. They are typically found around or above the treeline which are often near the tops of the mountains, at up to 6,600 ft in Europe, 14,800 ft in Africa and 16,000 ft in central Asia. In Southern Armenia they have been found to breed below 3,300 ft if cliff availability allows. They even have been observed living at altitudes of 24,600 ft on Mount Everest and been observed flying at a height of 24,000 ft.

This bird is 37– 49 inches long with a wingspan of 7.6 – 9.3 ft. It weighs 9.9 –17.2 lbs, with the appointed race averaging 13.7 lb. In Eurasia, vultures found around the Himalayas tend to be slightly larger than those from other mountain ranges. Females are slightly larger than males. It is essentially unmistakable with other vultures or indeed other birds in flight due to it's long, narrow wings, with the wing chord measuring 28.1– 35.8 in, and long, wedge-shaped tail, which measures 16.8 – 20.5 inches in length.

The bone is relatively small for the bird's size, at 3.5 – 3.9 in. The proportions of the species have been compared to a falcon, scaled to an enormous size.

I hope you learned a lot about the Red-Bearded Vulture from this article!

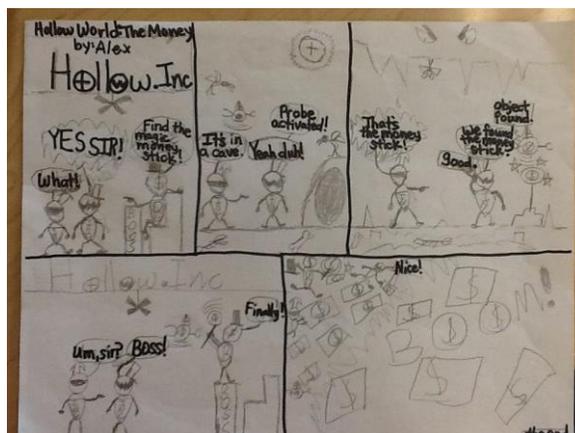




Hollow World

Written by Alex Williams.

Hello everyone. I'm releasing the new comic Hollow World for the SMS Warrior News newspaper. What is Hollow World? Well it about the crazy adventures with the Boss and his employees Jym, Drew, Markus, Gem, Dan, Andros, Gemma, Kira and Trent who work at Hollow.Inc to develop new technology for the Hollows and experiment with new technology. I hope you enjoy the new comic. I will try to get out new comics as soon as possible. Hollow World comes out on Thursday or Friday so stay tuned!



Bye Bye Bees

By Parker

Did you know that the bees population is decreasing tremendously, which will affect the cows of Iowa. The bees pollinate the plants and that's the food for the cows. And if we don't have cows that means no more ice cream or dairy! In Iowa there is a town you might know of as cedar rapids. There are dedicating about 180,000 acres of pollinated friendly stuff. Thank you cedar rapids.



Here Comes Halloween



Here comes Halloween, make sure you have your costumes and your candy. Don't forget to get your pumpkins. It's always fun to go pick out a costume to wear trick or treating even though you usually only wear your costume once. It's still fun to go and see the different costumes trick or treating. The best part is going to all the haunted houses and loading up on the candy!
BEWARE OF CLOWNS



by Parker and Sam



Weather Report

By Lily V. and Kiera L.

This coming weather is just going to get colder. As it does you should start getting ready. August and September were fairly warm and as it has come to be October, it has gotten much colder. Instead of a T-shirt and shorts, you will probably have to wear pants and long sleeves. Say bye to Summer and welcome Fall!



Acorn Treats Recipe

By: Coria Chaloupecky

Edited By: Rylee Haas

Credits to: Taste of Home



_____ **Total Time:** Prep: 35 min. + chilling

Makes: 48 servings

You only need three ingredients to make these super simple acorn cookies!

Ingredients:

- ½ cups semisweet chocolate chips
- 48 milk chocolate kisses
- 48 Nutter Butter Bites

Directions:

1. In a microwave, melt chocolate chips; stir until smooth. Spread the flat side of each kiss with a small amount of melted chocolate; immediately attach each to a cookie.
2. Cut a small hole in the corner of a pastry or plastic bag; insert a small round tip. Fill with remaining melted chocolate. Pipe a stem onto each acorn. Place on waxed paper-lined baking sheets; refrigerate until set. Yield: 4 dozen.

Nutrition Facts:

1 cookie: 47 calories, 3g fat (1g saturated fat), 1mg cholesterol, 16mg sodium, 6g carbohydrate (4g sugars, 0 fiber), 1g protein.

Sonoma Fires

By: Macy Schulte

The fires in Sonoma have been deadly lately. Firefighters have been working hard to spare as many lives as they can the past few days. My aunt and uncle have a vacation home down in Sonoma, but luckily their family and property didn't get hurt. At 1:45am in the morning their neighbors called them to wake them up. There was fire behind the lake behind their house in less than a mile away. Right away they woke up their twin sons and drove away just in time to their normal house in San Francisco. My family was lucky, but unfortunately that wasn't the case for all. Please keep praying for all the people and families that have been impacted by this devastating event.



How Can You Brighten Someone's Day???

Article written by: Jady Johnson

Edited by: Tasha Bhatia

How can you be positive to brighten somebody's day? Well, here are some ways being positive requires little thought, with big outcome. Brightening someone's day can be as simple as giving them a compliment, it requires no effort but can brighten someone's day. If you were to say my hair looks good I would say thank you, and appreciate the compliment. An even better thing to brighten someone's day is to take the time to ask them how they are feeling, or ask what they are doing this weekend/tonight. It will get them excited or feeling better even if they don't show you. Another way to make people positive is setting a positive scene by being positive and talking about positive things. Also, you can brighten a teacher's day by thinking as hard as you

can when they ask you a question. It will brighten them and you up. If you want to give a lot of thought in brightening someone's day, you can leave a nice note and slip it into their locker if you know that is their locker. Or, you can leave it on their notebook if it is out in the open. Brightening someone's day can just helping them with an uprising opportunity. These are just some ways to help, but try to be on the lookout for helping people. It always helps, even the little things because helping people makes a huge difference.

Helpful Ways to go to Sleep

By: Coria Chaloupecky

Edited By: Rylee Haas

Do you have trouble going to sleep sometimes? Here are some tips to help you go to sleep.

- Nightlight or LavaLamp. It's ok to be 11 or 12 years old and still have a nightlight! It actually might help you go to sleep! If you don't want a nightlight, think about a LavaLamp.
- Pay attention to breathing. When you can't go to sleep, Pay big attention to your breathing. Eventually, you will go to sleep.
- Stuffed Animal. It's ok to be older and have stuffed animals! Hug one tightly and you will eventually drift off to sleep.
- Ceiling Stars. Ceiling Stars are like nightlights but go on your ceiling. Some of them will fall off after age, and some will (mainly the smaller ones) kind of chip off, without falling off the ceiling. The others you can pick off the ceiling.
- Massage your eyelids. Close your eyes and gently massage the eyelids. Then focus on the inside of your eyelid when your eyes are closed (do this by barely closing your eyes). A picture will probably form. Then, your imagination will take over and you will have created your own dream.
- Fan. Focus on a ceiling fan or a fan in your room and you might fall asleep as well and drift into a cool dream.

I hope these tips helped!



OR
By Maren



Gif or Jif? Most people will say Gif. I mean, it *looks* like gif. People say Gif. Sorry to break it to you, It is not pronounced gif, it's pronounced jif. If you are like most people, you know what a Gif is, it's a little repeating mini video about 1-3 seconds long. A little bit ago, the internet was blowing up because of it. It seems a little crazy, don't you think?

Late October Weather

By Sam and Parker

This Tuesday brrr it's going to be a cold one with a high of 52 and low of 40.

This Wednesday is going to be a high of 64 and a low of 44.

This Thursday is going to be a high of 63 and a low of 35.

Wow! This Friday looks like the cold one out of the week, get your jackets. This Friday will be cold with a high of 41 and low of 30, ouch!

I guess I was wrong, Saturday is pretty bad with a high of 44 and a low of 28! I am just thinking that I need my jacket.

Sunday is looking a little better with a high of 48 and low of 29.

And Monday is the one day we don't like because the weekend is over but it looks like it is the best with a high of 52 and low of 32.



Bullying Prevention

Sam and Parker

This Wednesday or the whole month of October is bullying prevention, make sure you wear orange, because that's the bullying prevention color. We are trying to end bullying it's rude and breaks the golden rule, of treat others the way you want to be treated. Each week is different because like cyber bullying physical you know what I mean this week's is cyber bullying and you're supposed to wear something orange. Last week you were supposed to somehow make a video and wear purple. Next week's is to make a little group and try to get more people in it to squash bullying.

October SportsCast

Sam and parker

This year for sports is what do you call it? Oh ya Different, first of all you all probably know him as a patriot legend Tom brady he's really struggling this year which is a surprise. And as usual Aaron Rodgers breaks hi collarbone. Oh hey Houston Astros are in the world series and maybe win it for the first time. The fifa world cup is hosted by Russia, anyone out there russian reading this. And oh my Iowa state on a winning streak... wait am I reading this right I hope not, for the past few years Iowa state has won 3 or less games that's bad. Jezz thats a lot to take in. thanks for reading.



Pilgrim Cupcakes

By: Coria Chaloupecky



Credit to: <http://www.tonyastaab.com/2011/11/pilgrim-cupcakes.html>

Ingredients:

- Plain vanilla cupcakes in brown cupcake liners
- White icing
- Cocoa Powder
- Chocolate for melting (perfect excuse to use up some of that Halloween candy)
- Large marshmallows
- Chocolate coated cookies
- Wilton Sparkle Gel - white, yellow, and black
- Large round Wilton tip with a piping bag and tape.
- Toothpicks (or any other type of pick or narrow skewer)



Instructions:

Begin by making the pilgrim hat. Melt the chocolate in the microwave and using a

pick, coat each marshmallow in melted chocolate. Place it carefully on top of the cookie and pop it in the refrigerator until set. Once set gently remove the pick. Using the sparkling gel add on a white band and yellow buckle, then set aside.

Mix a small amount of cocoa at a time with plain white icing until you get a color you are happy with. Place the tip inside the bag (cut off the end of the bag) and tape the bag onto the tip. Fill the bag with icing and holding your hand very steady and keeping the tip just above the top of the cupcake. Pipe a face onto each cupcake. If you push down just a little while piping you will see that the icing fills out so it covers more of the top of the cupcake.

Place the hat on top of the icing and using the black sparkle gel add facial features.

Easy Snowman Marshmallows

By: Coria Chaloupecky



Credit to: Sweet Sugar Belle

Ingredients:

- One bag Kraft Jet-Puffed Marshmallows
- Black 20-Second icing
- Orange piping icing
- Confectioner's Sugar
- Cornstarch

Instructions:

- 1.) Begin by spreading the marshmallows on a parchment lined cookie sheet.



- 2.) Then, cut the marshmallows in half with kitchen scissors and lay them on the baking sheet sticky side up. If you have trouble with them sticking to the scissors,



- dip the blade into marshmallow coating between snips.
- 3.) Once cut, dip the sticky sides of the marshmallows into a mixture of $\frac{3}{4}$ cups confectioner's sugar and $\frac{1}{2}$ cup cornstarch.
- 4.) After dipping, use a kitchen strainer to shake off any excess coating. Try to



remove as much as possible so the icing will stick to the marshmallow.



- 5.) Before decorating you may want to pull out any “Mooshed-mallows.” They don’t have to be perfectly round, but the really squished ones won’t look as nice.



- 6.) Finally, add a little snowman face. You can go simple or really confusing. Do whatever tickles your pickle.
- 7.) Let the icing dry for a few hours and you’ll have a fleet of adorable little marshmallows to layer in your favorite hot cocoa mix or to drop into a sweet cup of hot chocolate.



Clash Royale Popularity Rises!

By: Addison Onstot

Edited By: Coria Chaloupecky

_____What is a popular game more and more people are starting to play? The answer is Clash Royale! But, what exactly is Clash Royale? What systems can you play them on? Why do some people think it is the best game? You can find all the answers (on the game) to those questions and more!

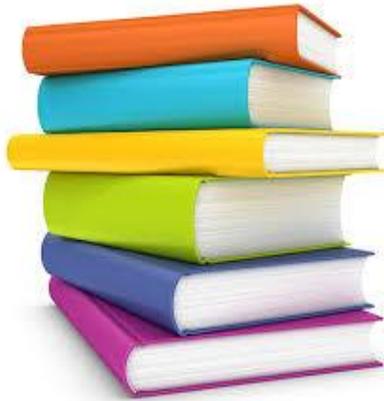
How Books Can Help a Human Mind

By: Jack Huffman

Edited By: Coria Chaloupecky

Credit to: <http://10.0.0.253/access/web?id=d619b44a-ba7e-11e7-b5cb-00e0ed526f3e>
and <http://www.nairaland.com/1561805/brain-damaging-habit>

Reading is a source of knowledge people write on paper and then publish it onto a book. Some books can be fiction and some can be non-fiction. Personally, I like fiction books. Some people hate reading because they think it's boring, but you can learn things from reading. Books can totally change, and help, the human mind!



RECIPE

Strawberry Vanilla Pancakes

By: Coria Chaloupecky

Credit to: <http://allrecipes.com/recipe/84892/strawberry-vanilla-pancakes/>



Ready in **20 minutes**

Ingredients

- One cup all-purpose flour
- 2 tablespoons brown sugar
- 2 teaspoons baking powder
- 1 teaspoon salt
- 1 egg
- 1 cup milk
- 2 tablespoons vegetable oil
- 2 tablespoons vanilla extract
- 1 cup chopped fresh strawberries

Preparation

1. In a medium bowl, stir together the flour, brown sugar, baking powder and salt. Pour in the milk, oil, egg and vanilla, and mix until well blended. Stir in the strawberries
2. Heat a large skillet or griddle over medium heat, and coat with butter or cooking spray. Pour batter into desired size of pancakes. Flip with a spatula when bubbles appear in the center. Cook until golden brown on the other side.